

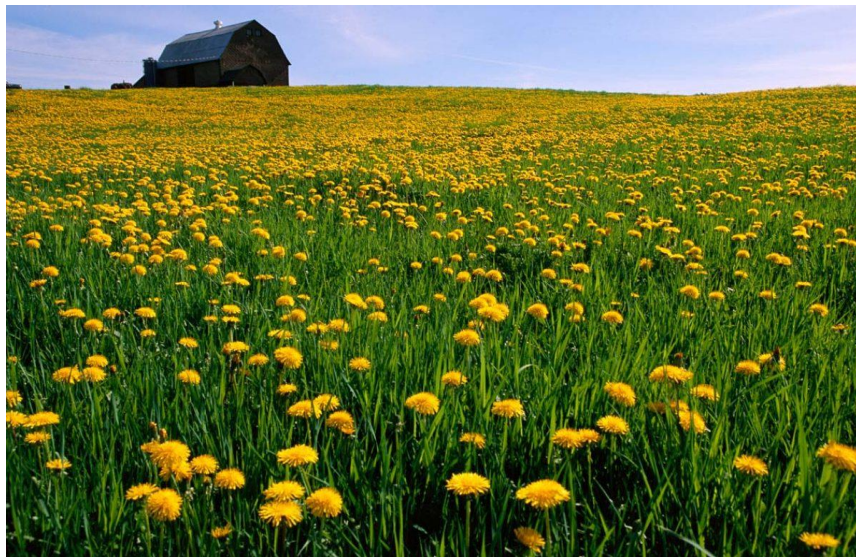
The Scroll

Newsletter of
Union Church of Proctor

5 Church Street
Proctor, Vermont 05765
(802) 459-3624

unionchurchproctor@gmail.com
<http://www.unionchurchproctor.org/>

Check out the full color version of the
Scroll on line at the web address above...
lots more about the church there, too!



May 2018

“Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand.” Isaiah 41:10 (NKJV)

There is a wonderful book written by Wayne Muller entitled “Sabbath: Finding Rest, Renewal, And Delight in Our Best Lives”. It is full of ‘heart’ information on how to bring some peace into our lives. In the section entitled “Inner Music”, part of the chapter called “The Rhythm of Creation”, Muller writes that “all life vibrates to this inner music” - the circadian rhythms. As we get older, we say “go with the flow”.

Life is so precious and so short! But life will also pen us in with all the tasks and jobs and rushing about that we can lose our ‘rhythm’ and it seems that life has gone crazy. BUT, maybe the rhythms of life are what Isaiah talks about and what Jesus tells his disciples...”I am here, find me and let my heart beat with yours.” I think the circadian rhythms that all life lives within is the Spirit of God calling us to live life in gratitude.

Muller writes about our continual rushing about...”if we stop [this rushing about ALL the time], if we return to rest, our natural state reasserts itself. Our natural wisdom and balance come to our aid, and we find our way to what is good, necessary, and true. We cannot be permanently entrained away from our natural rhythm...but we can refuse to listen.”

So, living within the grace of God, each of us has to find a time daily, weekly, whatever to seek that rhythm and work, with the help of the Spirit, to listen to it, to celebrate it and to let it reassert itself in our lives.

“And Jesus came and said to them, “All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.””
Matthew 28:18-20

...

For Presence (by John O'Donohue)

Awaken to the mystery of being here and enter the quiet immensity of your own presence.
Have joy and peace in the temple of your senses.
Receive encouragement when new frontiers beckon.
Respond to the call of your gift and the courage to follow its path.
Let the flame of anger free you of all falsity.
May warmth of heart keep your presence aflame.
May anxiety never linger about you.
May your outer dignity mirror an inner dignity of soul.
Take time to celebrate the quiet miracles that seek no attention.
Be consoled in the secret symmetry of your soul.
May you experience each day as a sacred gift woven around the heart of wonder.

Blessing to you all,
Rev John

MAY SATURDAY NIGHT SOCIAL



Several folks have shared their adventures in faraway places. In the month of May, you'll have the chance to sit still while you travel back in TIME! As you probably know, Dave Lacy is an archaeologist. Did you ever wonder what kinds of things he could possibly be finding in the forests of Vermont? (A teaser: there are sites from 11,000-year-old PaleoIndian quarries to 19th century farmsteads and 1930-era Civilian Conservation Corps structures).

Join Dave & Barbara on Saturday, May 5 at 7:00 for dessert and a slide show about "Hidden History on the Green Mountain National Forest". Stay afterward for an artifact "show-and-tell".

7 bucks a bag!



The Annual Clothing & Bake Sale will be held in the Parish House on Saturday, May 19th from 10:00 to 1:00. Clothing for all ages, sizes, and genders will be available for the amazingly low price of seven bucks a bag. We need your donations of clothing for all seasons – especially children's... also plastic bags. You may leave your generous **donations of clothing** at the Parish House (on the porch will be fine) **from Monday, May 7th through Wednesday, May 15th**. If these dates don't suit your fancy, please make other arrangements with Phyllis Lanz 459-2312.

Huge thanks to those who have already volunteered to help with the endeavor. We will be setting up on Tuesday, Wednesday & Thursday, May 15th, 16th, & 17th. We'll need lots of people for Saturday, May 19th from 9:30 to 1 for folding, selling, greeting and tidying up.

Let's not forget the fabulous bake sale!

Please make something wonderful and bring it to the Parish House on Friday, May 18th by 4 p.m. or Saturday morning by 9:45. We're already looking forward TO THE GOODIES!

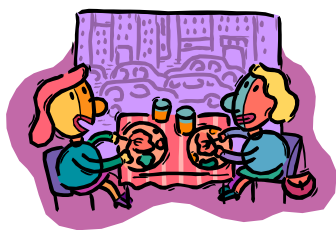


NEED TO ORDER

ADDITIONAL PHOTOS? If you had your photo taken for our new directory, you may contact the Lifetouch customer service team at any time to order additional portraits. They can be reached at (888) 313-1746 or lcdcs@lifetouch.com.

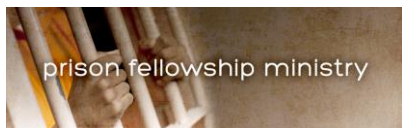


LADIES LUNCH



Our May Ladies' Lunch will take place at the Rutland Country Club at 11:30 a.m. on Tuesday, May 8th. Come and join us!

PRISON VISIT



The May Prison visit will be on Wednesday May 16th. Anyone wishing to join us is welcome or if someone would like to make something, it would be appreciated. See Sue Osgood or Carol Trudelle for more information

MEN'S COFFEE



Members & friends of Union Church- Join us for Men's Coffee every Saturday from 7-8 a.m. in the Parish House.

MEN'S BREAKFAST



We hold a Men's Breakfast on the second Saturday of each month. Our May Breakfast will be on Saturday, May 12th from 7-8 am in the Parish House dining room.

WELCOME NEW MEMBERS!



Glenn Giles, Debbie Suttle, and Anne Proctor...with Pastor John of course!

QUILT CLASS

Quilting class at our parish house - On Friday, June 1 from 9:30-3:00, our church will host a quilting class to learn a relatively new applique technique. We will be making a clamshell pillow by rotary cutting the clamshells, and fusing them to a piece of fabric that will then be made into a pillow cover. The class will be taught by Kay Bergquist. Cost of the class is \$40 and will require the purchase of a ruler needed for this technique.



All are welcome to attend, but class size will be limited. Students will need to bring a working sewing machine that they know how to use, fabric for the project, and a smile! More detailed information will be available when you register. For more information or to sign up for the class, contact Kay at 483-2503 or email at vermontquiltedesign@gmail.com.

NOTES FROM THE CHURCH MOUSE



Finally, the end of April is showing warmer temperatures. I do hope that Mother Nature does nothing to change this. I'm truly looking forward to going out to my secret place to get some fresh air.

To take a brief step back, the Slate Valley Singers Concert on April 6th was wonderful and I, for one, hope they come back soon.

The Men will be holding their usual coffee hour every Saturday morning at 7:00 AM and then will hold the Men's Breakfast on May 12th in the Parish House. The Ladies Lunch will be held on May 8th at the Rutland Country Club.

The Saturday Evening Social on April 28th was postponed until Fall due to too many things going on that day (Caitlin Canty Concert in West Rutland that evening and the Pittsford Congregational Church is hosting a Baked Potatoes Supper from 4:30 to 6:00 pm).

We'd like to wish a most happy birthday to Mavis Larson, who turns 95 on May 1st. Greetings and love from all your church family, Mavis!

Our annual Clothing and Bake Sale will be on May 19th. Don't forget to gather all your gently used clothing, shoes, purses, etc. and bring them to church for set up. As usual see Phyllis Lanz for any questions. She always does such a wonderful job of organizing. Then, of course, is my favorite part, which is the Bake Sale. I've said it before and will say it again, there are so many wonderful cooks in this congregation that it's a wonder that I can still fit through my Mouse Hole.

Usually there is also a Spring Clean-up Sunday, but even though I've kept my ears perked I haven't heard a date mentioned for this event.

Lastly there are the usual monthly missions which can always welcome additional assistance (see the

sign-up board at church). Dismas House Dinner prep is on May 2nd, the Prison Visit is on May 16th, and the Open Door Mission Dinner is on May 26th.

See you next month. My prayers are with you all.



6	Phyllis Sawtell
13	Phyllis Lanz
20	Carol Curtis
27	Nancy Thompson



May Birthdays

1 Mavis Larson	18 Bob Argentero
2 Jerry Sanborn	20 Dillon Metcalfe
5 Emily St. Peter	21 Cathy Canty
8 Chris Keyser	Chet Peterson
Jody Sanderson	Anne Proctor
9 Molly Sanderson	Dan Varney
10 Ariana Malutich	22 Shaun Blanchard
Robert Stein	23 Robert Webster
11 Becca Patch	27 Pam Ojala
Jake Smith	Jacob Tomlinson
13 Brooke Kimball	28 Lon Schneider
14 Renzo Palmerini	30 Joyce Longley

Belated Happy Birthdays to Janet Young and Jeannie Cushman. We missed their birthdays last month on April 17th.

May



- 2 Dinner Prep. and Meal Sharing at the
Rutland Dismas House, 4:30 p.m.
- 5 Hidden History of the Green Mountain National Forest- Fellowship & Dessert,
7:00 p.m., Parish House
- 6 Choir Rehearsal, 8:30 a.m., Sanctuary
Morning Worship, 10:00 a.m., Sanctuary
Coffee & Fellowship, 11:00 a.m.
- 8 Ladies' Lunch, 11:30 a.m., Rutland Country Club
- 12 Men's Breakfast, 7:00 a.m., Parish House
- 13 Choir Rehearsal, 8:30 a.m., Sanctuary
Morning Worship, 10:00 a.m., Sanctuary
Coffee & Fellowship, 11:00 a.m.
- 16 Prison Visit
- 19 Annual Clothing & Bake Sale, 10am to 1pm, Parish House
- 20 Choir Rehearsal, 8:30 a.m., Sanctuary
Morning Worship, 10:00 a.m., Sanctuary
Coffee & Fellowship, 11:00 a.m.
- 20 Articles & info due for June Scroll
- 26 Pizza Dinner Prep. and Meal Sharing at the Open Door Mission, 5 p.m.
- 27 Choir Rehearsal, 8:30 a.m., Sanctuary
Morning Worship, 10:00 a.m., Sanctuary
Coffee & Fellowship, 11:00 a.m.
Church Council meeting, 11:15 a.m.,

June

- 1 Quilt Class, 9:30 a.m. to 3 p.m., Union Church Parish House



May Readers

- 6 Barbara Lacy
- 13 Ellen Sutherland
- 20 Paul Pilcher
- 27 Nancy Young

Union Church of Proctor
5 Church Street
Proctor, VT 05765

Non-Profit Organization
Postage Paid at Proctor
VT 05765 Permit #7

Address Service Requested

