

The Scroll

Newsletter of
Union Church of Proctor

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Check out the full color version of the
Scroll on line at the web address above...
lots more about the church there, too!



November 2017

Today, when I was at the church, I met a guy from my high school years. I have not seen him since then. He served in the military, worked his whole life, and is retired and now? - a foster grandparent helping out in a school, inhabited by munchkins, and loving it.

I mention this because when we live a life of gratitude, we have a tendency to give back to the world. Regardless of how we have lived before, it says a lot about someone when they seek to give back when they can.

Sometimes, after we have retired, we can sit around feeling useless because we think we have lost our purpose in life. Gratitude, at any age, allows us to understand that life, for the most part, is good to us. Yes, it does have its ups and downs, but gratitude helps us to understand, and be alive to, LIFE. What a gift to celebrate a life's work and then seek to give something back to the world that has fostered our lives up to that point.

Reminds me of a story....

In Luke 17:1-18 there is a beautiful story about 10 lepers, ostracized by family, friends and society, who are healed by Jesus. Nine of them turn and go home, blessed to be returning to family and friends. Thankful for having life returned to them. That move is certainly understandable.

But one, recognizing the gift he was given, returns to thank Jesus; he returns because gratitude has filled his heart.

Brother David Steindl-Rast (website - <http://gratefulness.org/>) underscores the necessity of being grateful in life and on your journey. Too many times we think about what we don't have in life, as opposed to what we actually **do have** in life. We all have treasures in our lives and showing gratitude allows us to open our eyes & ears to the life that surrounds us.

Brother David has a great video--
https://www.youtube.com/watch?v=zSt7k_q_qRU

You can copy this link and paste it into your web browser; it will open YouTube and begin to play it. You will find a most wonderful video about being grateful. And once your world becomes colored with gratefulness, your life will change.

Also, here are a few tips from that website to help you foster a grateful life –

Practices to Cultivate a Grateful Day:

- Take a moment each day to notice the sky — the changing clouds and colors.
- Each day commit to looking directly into the face of another and simply smile without words.
- Write down three things at the end of the day that describe how you left the day better than you found it.
- Take a weekly gratitude walk noticing all the natural and human-made wonders that give you a sense of “awe.”
- Commit one month a year to begin each day with a grateful living practice that, no matter what, you will step into with an open heart.

“A life is not a waste of time” - [Nalini Singh](#)

SCRIPTURE READINGS



Nov 5 1 Kings 19:1-18 / John 12:27-28

Nov 12 Amos 1:1-2; 5:14-15, 21-24 /

John 7:37-38

Nov 19 Isaiah 9:1-17 / John 8:12

Nov 26 Advent starts

MEMBERSHIP CELEBRATION CONTINUES!

Our second “class” of long-time members (26-



40 years!) will be celebrated during worship on Sunday, November 5th. Another awesome group! Like our 1st group, we see many of these folks not only in the pews nearly every Sunday, but also still faithfully doing the work of the church. Others are raising families of their own elsewhere and others are with us in spirit. We wish them all well and thank them for their continued connection with Union Church.

Joined in...

1977

Ellen Sutherland

Paul Sutherland

1978

Lynn Pilcher

1982

Betty Peters

Roy W. Pilcher

1983

Gary Raymond Chapin

Kathy Cawley

1987

Barbara Corliss

Glenna Cowans

John Robert Cowans

Aaron Curtis

Carol Curtis

Peter Curtis

Robert Curtis

Simon Curtis

Laura Sutherland Hector

1989

Pam Racine Goodwin

1990

Carol Bam

Donna Knipes

1991

Joan Argentero

Robert Argentero

Lynda Duncan

Kimberley Metcalfe

Phyllis Sawtell



STEWARDSHIP

Dear Members and Friends of the Union Church of Proctor,



As we begin our stewardship season, we all are asked to consider giving back to God a portion of what he has given to us. How we use our time, talents and money says a lot about what we value in life. Jesus put it even more directly when He said: "wherever your treasure is, there your heart will be also".

The Union Church of Proctor offers many opportunities to serve others with our time, money and talents. This is how we honor God—by serving the needs of others. Some of the many opportunities at UCP to do God's work might include **cooking and serving meals** at the Dismas House and the homeless shelter, **visitations** in the hospital, **caroling** in the nursing homes as well as **providing gifts** for nursing home residents to give to their friends and family at Christmas. There are regular **prison visits** supporting incarcerated persons who have often been disconnected from their families. Funerals are performed that **support those grieving** the loss of a loved one. Weddings and Baptisms are **provided** to those people receiving these **holy sacraments**. **Meals, calls, cards and flowers** support those having surgery or who are sick and incapacitated. **Disaster relief** in the form of diapers, wipes, sleeping bags, tents, bug spray and more were sent to Puerto Rico after the hurricane devastated the island. **Fidget quilts** are made and distributed to help calm those persons with **dementia, Alzheimer's and Autism**. **Financial support** is contributed to many local, national and international groups. We are also supporting and sponsoring the Proctor Community Concerns Council, an Ecumenical group represented by the three churches in Proctor, which strives to **address the unmet needs in Proctor**. For the past 2 years they have sponsored a **Community Garden** on the grounds of UCP, providing

vegetables for anyone who needs food at no charge. Excess food is brought to the food pantry. We are also housing and sponsoring The Children's Center **daycare** facility and have been for over 30 years. We hold weekly **worship services** giving people a place for **prayer, comfort, and acceptance** while **sharing our needs** with one another.

We are asking each of you to consider supporting the Union Church of Proctor by pledging a portion of your income. Please fill out your pledge card, indicate your level of giving, and mail it or bring it to church.

We are also inviting you to attend church services, meet some nice people and participate in a variety of our many service opportunities. Sunday school is available for children to learn about God. Please come and join us!

Your Stewardship and Finance Committee

Jeff Bergquist Lon Schneider Kim Metcalf
Bob Webster Allan St. Peter

MEN'S COFFEE



Members & friends of Union Church- Join us for Men's Coffee every Saturday from 7-8 a.m. in the Parish House.

MEN'S BREAKFAST



We hold a Men's Breakfast on the second Saturday of each month. Our November Breakfast will be on Saturday, November 11th, from 7-8 am in the Parish House dining room.



Bazaar 2017

The 48th Annual Holiday Bazaar of the Union Church of Proctor will be held on **Saturday, November 4th from 10:00 a.m. to 2:00 p.m. at the Union Church Parish House** in the center of Proctor, Vermont. Get a start on your holiday shopping with the fabulous selection of handcrafted gifts, Christmas ornaments and holiday items that you've come to expect from



the Union Church crafters over the last 48 years; and help us raise important funds to support our work in the community at the same time!!

You'll find two full floors of treasures to choose from, including great gift items in our pink pachyderm gift boutique. Deck *your* halls with unique rehabilitated furniture we've created; then deck yourself out from the dazzling array of contemporary and vintage pieces to be found in our expanded jewelry department.

Next, treat yourself and your family with some of the delectable baked treats, jams, and pickles that you'll find in our food sale; and search for bargains and treasures in the expanse of collectibles, and white elephants that we've gathered for your shopping pleasure! There's nothing like the thrill of finding *that certain something for next to nothing*, especially during our midday white



elephant bag sale! And when you are all done shopping, sit right down and enjoy a luncheon of delicious soups and desserts served cafeteria style.

All proceeds from the Bazaar support the Union Church of Proctor and it's work in the community.



Our only major fundraiser, this annual event is successful because of the dedication of church members and friends who work all year long to create the wonderful items for sale AND the generous support of our customers who line up year after year for the first rush in the doors.

THANK YOU all for your continued support! See you on November 4th at the 48th Annual Bazaar at the Union Church Parish located at 5 Church Street, Proctor, VT. All levels are handicapped accessible from the rear parking lot entrance.



November Greeters

- 5 Phyllis Sawtell
- 12 Ann Ruelke & Nancy Thompson
- 19 Jean Noren
- 26 Nancy Thompson

SATURDAY NIGHT SOCIAL – NOVEMBER 11



We are very fortunate to have an outstanding naturalist in our midst – Roy Pilcher. On Saturday, Nov. 11 at 7:00, Roy will share his photos in a presentation entitled “Vermont’s Wild Flowers – A Birdwatcher’s Appreciation.” You won’t want to miss this! We know Roy has a photographer’s eye and his pictures are amazing. We will again have a potluck dessert, so bring a favorite dessert to share before the presentation. Everyone is welcome – bring your neighbor along!

FOLLOWING THE SEASONS, INTO THE WOODS, ACROSS THE MEADOWS, THROUGH SWAMPS, BOGS AND FENS!

1. **BORN IN THE SPRING:** Woodland flowers responding to a warming sun and open canopy.
2. **SHADY LADIES:** Flowers of rich woods, old logging roads and small clearings
3. **SUNDANCERS:** Flowers of open meadows, clearings and roadsides.
4. **WET MEADOWS:** Flowers of open skies above and rich moist soils below.
5. **SHRUB SWAMPS AND PONDS:** Flowers partial to saturated alluvial soils and ponds.
6. **BOGS AND FENS:** Flowers adapted to a mineral poor and highly acidic watery environment.
7. **WOODY PLANTS AND SHRUBS:** Blossoms that brighten the spring landscape.

NOTES FROM THE CHURCH MOUSE



Well it seems that summer is still with us for a while. I believe that when winter arrives it will be a big shock.

Don't forget that the Men's Breakfast will be held on November 11 in the Parish House. The Ladies Lunch will be held on November 14 at the Rutland Country Club.

I'm sure I don't need to remind everyone that we are getting close to the date of the Holiday Bazaar. I know I am looking forward to it. I enjoy watching everybody hustling around getting ready for the festivities.

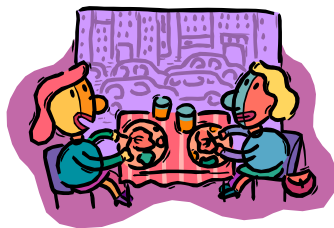
Cleanup day was the 22nd and what a feast the Social Committee arranged for all the workers. Thank you very, very much to all the Social Committee for what you do every week.

I surely hope that everyone remembers to turn their clocks back the night of November 4. November 5th is going to be a very busy Sunday. There will be a Baptism, it's Communion Sunday, AND during the service we will have the 2nd in our continuing monthly celebrations of our long-time church members. Also, it's the day following the Bazaar and there will be more chances to purchase items after the service.

My prayers are with you all.
The Mouse



LADIES LUNCH



Our November Ladies' Lunch will take place at the Rutland Country Club at 11:30 a.m. on Tuesday, November 14th. Come and join us!

***Take a little while to catch
your breath after the bazaar,
BUT THEN,*** your help is needed to
make the **15th** Annual Santa's Shoppers
Event a success!

*Join in the fun and help make this one the
best yet!*



Please **VOLUNTEER** to
help
At (**ANY or ALL**) of the
activities listed below.
**Sign-up at church on Nov.
19th
or call Muriel 459-3685 or
Janet Young 725-8162**

***Feel the joy of giving, by sharing
your time and talents!***

This year the event will take place at **The Pines, 99Allen Street, in Rutland.** The event will be held on **December 8th from 2 PM to 4 PM.** (The date will start appearing in the weekly bulletin soon.) For the last 15 years, the schedule has rotated between three nursing homes in the Rutland area.)

Santa's Shoppers Volunteers, ***“bring the store”*** to the nursing home, so the residents may shop for their loved ones, **without cost or obligation!**

On Saturday, **December 2nd at 9:30 AM** Volunteers will meet at the Parish house to unpack and list our existing inventory, to help avoid buying excesses or shortages of items, for this year's event. Then it is packed-up for transport, to the Pines on the day of the event. (It usually takes a couple of hours, depending on the number of volunteers.) Thanks to the men who help haul the “stuff” upstairs, following their Saturday Coffee.

“Santa's Shoppers” Volunteers will meet at Wal-Mart on Monday, **December 4th at 7:00 P.M.** to

select gifts in the \$5 to \$10 range, (it usually takes about an hour). Shopping teams make the selections, taking into consideration a wide variety of items for all ages, as the gift may be for a child, elderly person, other family members or friends. Regardless of the taste or interest of the person who is to receive the gift, there is likely to be something of interest for the resident to give to their loved ones.

On Wednesday, **December 6th at 9:00 AM,** Volunteers will meet at the Parish House to package and wrap candy in mugs and other containers, put together cheese packages, and the like. These items are decorated in festive holiday fare and then packed up to be taken to the nursing home. (It usually takes about three hours).

At the event, **December 8th at 1:00 PM,** set-up begins about an hour before the event. The gifts are spread out on tables to enable the residents to easily make their choices. The event is **open to the residents from 2:00PM to 4:00PM.** The residents select the gift(s) that best suit the person(s) they are shopping for. (Selections are usually limited to no more than three items per resident, but we are flexible, particularly if the person has a large family, etc.). “Santa's Helpers” Volunteers help the residents make their selections (if they want assistance), and also wrap and label each gift for them. **The event stops at 4:00 PM,** and we pack & clean up, bring unused Wal-Mart items back for a refund, and return non-Walmart items to the Parish House to be put away on Sunday.

Santa will be there too! He chats with every one and has his picture taken with each participating resident (a copy of the picture is returned to the resident to keep). A decorated Christmas tree and Christmas music helps add to the Spirit of Christmas, spreading joy and good will to all.

***(Just to see the residents' happy faces as they
get caught up in the excitement, will warm
your heart throughout the year!)***

PRISON VISIT



The November Prison visit will be on Wednesday, November 15th. Anyone wishing to join us is welcome or if someone would like to make something, it would be appreciated. See Sue Osgood or Carol Trudelle for more information.

SCROLL INFO DEADLINES



For the next 3 months, the deadline for Scroll info will be earlier than usual. The deadlines are:

- For the December Scroll- November 15
- For the January Scroll- December 10
- For the February Scroll- January 10

Then back to the 20th of each month. We hope that this doesn't cause too much stress! Plan your events early and then we can all enjoy the holidays with our families. You may email your info to kris.finni@gmail.com or bring it to the church office.

And, speaking of deadlines, Annual Reports from all committees, boards and organizations involved with Union Church of Proctor are due January 7th. I'll remind you next month.

PROCTOR FREE LIBRARY



Two o'Clock Tuesday Programs for November

- 7 Tree Centerpiece
- 14 Forever Home Bags
- 21 Thankful Bird
- 28 Beading

DISMAS HOUSE MINISTRY



On October 4th, UCP volunteers brought the dinner to Dismas House, and it was enjoyed by all. These dinners, with volunteers from the community, are one of the ways we help the residents build self-confidence as they rejoin society, knowing there are people in the community that care about them. Nancy Thompson brought a couple of fidget quilts to show the residents, & she told them about the fidget quilt program. There was a lot of interest, and one of the quilts was left with the Director that attended. Bringing in unusual things (that residents have no familiarity with) helps reacquaint the residents with life as it is in our communities.

Nancy Thompson, Janet Young and Muriel Sedergren provided the meal with several choices and special trimmings, from hors d'oeuvres to dessert. Everyone sits around a big dining room table. We start with a prayer, or poem, & then everyone tells what they are thankful for, and gives their name, (before everyone begins eating). Altogether, it helps create a warm and friendly atmosphere. (One of the resident rules at Dismas, is that residents set the table and clean up after the meal, thus sharing the responsibility for the meal, as well as providing a way to show their gratitude.) UCP Volunteers have been doing this since March, and the residents really look forward to our monthly visits.

I encourage you to sign up soon, as one of the volunteers, and find the JOY in serving others, that those who have been there already have known. The UCP is responsible for the meal on the 1st Wednesday of each month, and it only takes 3 to 4 people to do it, per event. The sign-up board is at the back of the Church. Sign up soon, you'll be glad you did!

Respectfully submitted, Muriel Sedergren

100!

Ruth Partridge turns 100 on November 5, 2017! Earlier in her life, she was a chemist for Lederle



Laboratories. She has always been known as the family historian, faithfully documenting the family gatherings on film and video. She continues in this roll to this day, always keeping track of each member of her extended family. If you want to know where anyone is...ask Aunt Ruth! She was an avid skier, schussing the mountains of Vermont at Killington, Pico and High Pond. She's seen much of the world, traveling with friends and family. Retiring to Wake Robin in Vermont in 1993, she joined her 4 siblings, where she keeps busy painting in oil and watercolor, bowling, exercising, just to name a few of her activities. And, she still drives!

A big **Happy Birthday** to you, Ruth, from all of your Union Church family!

WE'VE GOT MAIL!

We received a BEAUTIFUL card from Faith Sagi at the end of September. She writes:



*To All,
It is with much regret to let you know I will not be able to meet for the membership celebration. My health is preventing me from coming and I cannot come at this point. However, I think it will be so special for all who can attend. Union Church has been a very special part of my life (seems like forever) and I surely love the church and my many friends! Enjoy the celebration. Will love to hear how it all went.
Sincerely,
Faith Sagi*

We'd like to send out a very special birthday wish to Faith this month. She will turn 93 on November 20!

Happy Birthday, Faith! We always love to hear from you!



November Birthdays

- | | |
|----------------------|------------------|
| 4 Kylie Pilcher | 18 Annika Heintz |
| 5 Ruth Partridge | 19 Dylan Pilcher |
| 6 George Pilcher | 20 Ray Ault |
| 7 Kris Finnigan | Sam Logan |
| 9 Vicky Lynn Brown | Faith Sagi |
| 11 Sarah Sheldrick | 22 Steve Allenby |
| 12 Madison Fetterolf | Mark Chapin |
| 13 Jackie Fetterolf | Elsie Valach |
| 14 Stacy Kent | 25 Nicole Valach |
| 17 Tom Doty | 27 Sam Tilden |



November



- 1 Dinner Prep. and Meal Sharing at the Rutland Dismas House, 4:30 p.m.
- 1-4 Bazaar Set Up, Parish House
- 4 **BAZAAR**, 10 a.m. to 2 p.m., Union Church of Proctor
Set your clocks back tonight
- 5 Choir Rehearsal, 8:30 a.m., Sanctuary
Morning Worship & Membership Celebration, 10:00 a.m., Sanctuary
Coffee & Fellowship, 11:00 a.m.
- 11 Men's Breakfast, 7:00 a.m., Parish House
Saturday Night Social- Vermont's Wild Flowers – A Birdwatcher's Appreciation,
7:00 p.m., Parish House
- 12 Choir Rehearsal, 8:30 a.m., Sanctuary
Morning Worship, 10:00 a.m., Sanctuary
Coffee & Fellowship, 11:00 a.m.
- 14 Ladies' Lunch, 11:30 a.m., Rutland Country Club
Church Council meeting, 6:30 p.m.
- 15 Prison Visit
Children's Center Board Meeting, 6:30 p.m., Parish House
Articles & info due for December Scroll
- 19 Choir Rehearsal, 8:30 a.m., Sanctuary
Morning Worship, 10:00 a.m., Sanctuary
Coffee & Fellowship, 11:00 a.m.
- 25 Pizza Dinner Prep. and Meal Sharing at the Open Door Mission, 5 p.m.
- 26 Choir Rehearsal, 8:30 a.m., Sanctuary
Morning Worship, 10:00 a.m., Sanctuary
Coffee & Fellowship, 11:00 a.m.

Union Church of Proctor
5 Church Street
Proctor, VT 05765

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*There are only two ways to live your life.
One is as though nothing is a miracle.
The other is as though everything is a miracle.*
- Albert Einstein